

BAYCLIFF BUGLE



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 Editor: Christine Westendorf (christinew@cox.net)

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**HAPPY
SPRING!**

Dear Baycliff Friends and Neighbors,

Two more great Baycliff events are just around the corner! Our Spring Egg Hunt will be held on Saturday, March 15th. Be sure to register your children and grandchildren and drop off your candy filled eggs no later than March 12th. On April 26th, we'll have our multi-home Baycliff Yard Sale. This is a great opportunity to do some spring cleaning of those cluttered storage areas. Registration forms are inside this issue of the Bugle and are also available on-line at www.baycliff.net

We are now forming a Nominating Committee to identify and put forward a slate of officers for our 2008-2009 Baycliff Civic League year, to be voted upon at our May meeting. Nominations are needed for President, 1st Vice President, 2nd Vice President, Recording Secretary, Corresponding Secretary and Treasurer, and we are also seeking individuals interested in chairing key committees.

The next edition of the Baycliff Resident Directory is now being planned. Publication costs of past directories have been covered by business advertising, enabling the civic league to provide our useful directory free to all residents. An Advertising Committee with two Co-Chairmen is now needed. One individual will lead a team soliciting ads, and a second individual will oversee advertising design and lay out.

Baycliff needs the enthusiasm and input of new leadership and also active volunteers to support them. I urge you to get involved in this process by volunteering for the nominating committee and/or by serving as an officer or chairman. This is an opportunity to have your voice heard and make a positive impact on Baycliff. Please give me a call at **481-5589** or e-mail billwest6@cox.net and let me know that you're ready to step up and become more involved in your community!

As a gentle reminder, your \$50 annual Baycliff Civic League dues for 2008 are now payable to Treasurer Bob Swink. Thanks for supporting Baycliff and working with the Civic League to make Baycliff such a great place to live.

Bill Westendorf, President



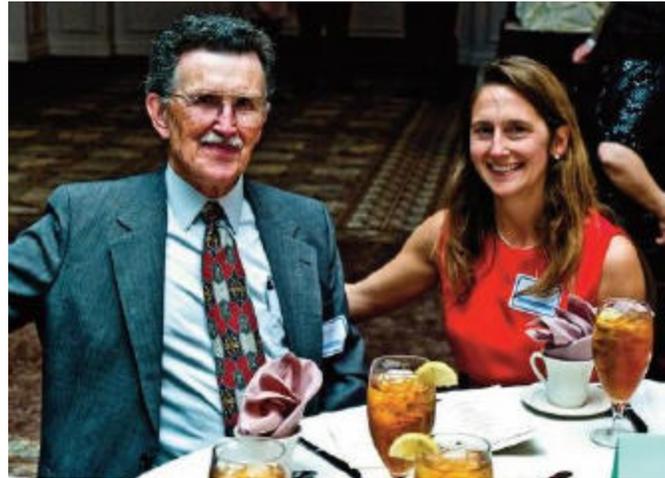
**CIVIC LEAGUE MEETS
TUESDAY, MARCH 18, 7 PM
Alanton Elementary
School Cafeteria**

**Peg Nelson, Public Relations
Director, presents a terrific**

**insider look at the new Sandler Center
for the Performing Arts.**

CONGRATULATIONS TO BAYCLIFF'S VOLUNTEERS OF THE YEAR!

Bob Swink, Melissa Hickey and Jill Frazier honored at Virginia Beach Council of Civic Organization's city-wide banquet



Bob Swink has generously served as Treasurer for eight years, was 2nd Vice President for two years and has chaired numerous committees, including By Laws and Nominating Committees. As Treasurer, Bob is a stickler for accurate record keeping, careful monitoring of civic league expenditures and prompt disbursement of funds. Many have remarked that the Baycliff Civic League could not have a better treasurer! In addition, Bob has smilingly served Baycliff in many other capacities for over 15 years, including Neighborhood Watch Block Captain, liaison with our lawn service, working at boat ramp and hurricane clean ups, volunteering with front entry planting and weeding, spraying weeds at the boat ramp parking lot, and playing his trumpet at both our Santa Visit and Egg Hunt every year!

Melissa Hickey and **Jill Frazier** are an enthusiastic team as cochairmen of the fulfilled Baycliff Egg hunt. This is Melissa's 7th year of service and Jill's 5th year! They work tirelessly to organize this beloved tradition that several hundred children (and their families) eagerly look forward to every year. In 2007, Melissa also capably and creatively cochaired the successful Baycliff Bingo & Pizza social event. Both Melissa and Jill are upbeat, energetic, thorough and resourceful. They are a joy to work with! Of special note, Jill first volunteered to help organize and coordinate this children's event even before she was a parent herself. Today, her two little boys are part of the crowd of eager egg hunt participants. Unfortunately, Jill was unable to attend the award banquet and is not pictured in the photos above.

Baycliff is indeed lucky to have such wonderful and dedicated volunteers. **SINCEREST THANKS TO BOB, MELISSA AND JILL! You are all great!!**



ORDER YOUR SPRING FLOWERS FROM THE ALANTON-BAYCLIFF GARDEN CLUB!



The preorder form is in in this newsletter... check out the wonderful selection of beautiful and vigorous bedding plants. Order deadline is April 1st and your plants will be delivered to the Baycliff entry for convenient pick up April 26th. Your purchase helps keep Baycliff lovely!



LANDSCAPING COMMITTEE REPORT
Cochairman Sharon Smith and Jack Donahue

Volunteers from the Alanton Baycliff Garden Club, assisted by Baycliff volunteers, worked two Saturdays, March 1st and March 8th, cleaning up our front entry. Weeding, pruning and transplanting were done in preparation for our upcoming spring flower planting. THANK YOU to everyone who lent a helping hand! If you'd like to help plant our spring begonias or have questions, please call **Sharon Smith** at **961-3579**. Thanks for working with us to keep our entrance beautiful!



TRAFFIC CALMING PHASE 3 VOLUNTEERS NEEDED FOR PETITION DRIVE!



Dear Neighbors,

During the January 2008 Baycliff Civic League meeting, a quorum voted to initiate a petition to institute Traffic Calming Phase III (increasing the fines for speeding in the neighborhood). I need volunteers to help get the petition signed. Please e-mail me at joyner89@hotmail.com if you would like to help with the petition.

We need 75% of Baycliff households to sign the petition. This means any Baycliff resident 18 or older can sign the petition, and we only need one signature from each house for the purpose of this petition to make the dwelling count toward the 75% requirement. There are a couple of things to make clear. The petition covers all of Baycliff and if adopted the city engineers will come in to determine where the increased fine zones will be within our neighborhood. Clearly Bay Point Drive and Baycliff Drive will be prime candidates, but other roads maybe affected. If the larger petition does not go through, we will analyze the signatures and set up smaller phase three areas as the demographics dictate.

What does this mean to us as a community? If adopted, we will have additional (authorized by the city) signs warning motorists of the increased fines. Baycliff will go on a higher priority for traffic enforcement by the police, and all motorists caught speeding will be ticketed. Police have told me as a rule of thumb that they consider 32 and under in a 25 mile per hour zone compliance and will not ticket until the speeder gets to 33 MPH. I am reticent to put out the 33 MPH number, given my position that we should all drive 25 or slower, but I wanted people to know what we were signing up for as a community. If you want to live in a neighborhood that says drive 33 MPH or faster (and we currently average 35 - 40 MPH), then do not sign the petition. If you want to live in a neighborhood that addresses the well founded concerns of the community and takes proactive steps to rectify their speeding and resident safety issues, then please sign the petition!

I have talked to the traffic engineers and the police regarding the traffic calming program, and there have been mixed results as to the success of the program. Let us hope it will have a positive effect here in Baycliff. Please sign the petition when you are presented it.

Thanks,
James Joyner, First Vice-President



Learn about the amazing Sandler Center on March 18th!



Peg Nelson, Director of Public Relations for the Sandler Center for the Performing Arts, will be our guest speaker at our March civic league meeting. She'll tell us all about the brand-new Sandler Center and also provide us a sneak preview into next year's performances. Our city's beautiful, modern Town Center houses this newest state-of-the-art performing arts venue in the 16-city Hampton Roads region. Opening in November, the Sandler Center has kicked off a season with acclaimed and diverse top quality entertainment from around the world.

You'll find performances for every taste on the Sandler Center calendar. Classical-minded? Virtuoso violinist Itzhak Perlman has blessed the new hall with his soaring violin twice this season, and the extraordinary Canadian Brass played in December. Jazz fans were thrilled with one of the greatest guitarists alive, when the Pat Metheny Trio performed in November. The holiday season also included a Drifters, Platters, and Coasters concert, Vienna Boys Choir, Windham Hill, and the legendary Tony Bennett. Later in the winter, patrons enjoyed the blues with Grammy-winning singer Bonnie Raitt and Keb' Mo'. Family fare to delight all included performances in November by Nickel Creek and Shaolin Warriors and the amazing acrobatic dancers of Aeros in February.

With its impeccable acoustics, the Sandler Center is perfect for music, but this new stage also offers a wonderful setting for dance and theatre. Tango Fire and the agile Complexions dance company delighted crowds this winter. **Come see the Merchant of Venice, March 20th, and enjoy the classic musical Gypsy on May 8th.** In addition to these fabulous visitors, the Sandler Center is also home to resident arts groups like Symphonicity, Virginia Musical Theatre, Virginia Symphony Orchestra, Virginia Beach Chorale, Virginia Beach Forum, and more! For a complete listing of the 2007-2008 Sandler Center performances, visit www.sandlercenter.org

First Colonial High School Band Marching Patriots
Shredded Hardwood Mulch 2 cubic foot bag - \$4.00/bag
Place your order by March 8th for delivery Saturday March 15th

Mulch controls weeds, retains moisture, improves soil and beautifies yards.

For 3 inch depth, allow one bag for each 8 square feet.

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Profits from sale support the FCHS Band's activities.

Please send completed order slip with check (payable to FCBB) or credit card information to: FC Band Boosters, 1340 Great Neck Rd, Suite 1272, Box 168, Virginia Beach VA 23454

For more information, visit our website @ www.FCHSBAND.com.

For telephone orders, call Pete Davenport pphillipdavenport@cox.net @ 576-5766



Name: _____ Phone # _____

Address: _____ Subdivision: _____

Number of bags: _____ X \$4.⁰⁰ = \$ _____ (please enclose check / credit card information)

Bags stacked at foot of driveway unless other location specified: _____

Check here if you will pick up your bags ____ March 15th at Stoneys (opposite VB Hospital)

_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____| Expires ____/____

Credit Card # VISA or Mastercard only

Name: _____ Signature: _____



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Miss Utility — 1-800-552-7001			



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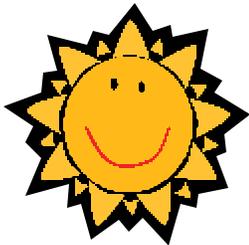
What outdoor projects have you planned for the spring? Do any of them involve digging or demolishing? If they do, please, take a moment to consider that underground utility lines may be located in your project area. The underground utility lines (pipes, cables, etc.) provide service such as electricity, gas, water, sewer, telephone and cable television to your community. Damaging an underground utility line can result in far-reaching consequences, from serious injury, property and environmental damage to loss of vital services that you and your community depend upon everyday. Additionally, persons responsible for damage to these lines may be further burdened with liability claims, punitive fines and civil penalties.

Damage prevention is a serious matter and a responsibility shared by all of us. Fortunately for Virginia citizens, a nationally recognized damage prevention program has been at work for more than ten years. Through a partnership between underground utility operators, professional excavators, local municipalities, Miss Utility of Virginia, and the State Corporation Commission, a statewide education and outreach program has been designed to encourage safe digging practices all across our Commonwealth. Additionally, educational literature and trained professionals are available to answer your questions. You can even arrange for a damage prevention seminar or courtesy visit to your community or home. These services are free. For more information on Virginia's damage prevention program, contact the Virginia State Corporation Commission, Division of Utility and Railroad Safety at **804-371-9983** or vadamageprevention@scc.virginia.gov Please remember, Dig With C.A.R.E. Keep Virginia Safe!



VOLUNTEERS NEEDED FOR BAYCLIFF EGG hunt!

Get ready to dust off your baskets, the annual egg hunt has been scheduled for Saturday, March 15th at 4:00 PM! Lots of fun and excitement is in store for your little ones. In order for it to be successful though, we need your help!! Teens, dads, moms -- anyone interested in helping with set-up, sign in, filling treat bags, face painting, tattoos, handing out goodies, and everyone's favorite - clean up, please call **Melissa Hickey at 496-0429**, **Jill Frazier at 481-0088** or new co-chair **Meredith Hills at 228-5887**. Community service hours will be given to teen volunteers, upon request. Thank you!



ALANTON-BAYCLIFF RECREATION CENTER OFFERS ON-LINE MEMBERSHIP AND SWIM TEAM REGISTRATION THIS YEAR!



Hello neighbors! 2007 was a great year for the Alanton-Baycliff Recreation Center. Record membership enjoyed another successful season with our expanded, updated facilities and water slide. ABRC hosted a number of social events for children, families and adults. Over 200 children enjoyed being a part of the ABRC Bolts Swim Team in the Dolphin Division. We are looking forward to having an even better year in 2008.

The annual meeting was held 7:00 PM, March 3rd at the Alanton Elementary School cafeteria. At this meeting, we reviewed the year 2007, elected new officers, approved the 2008 budget and discussed plans for 2008.

We have exciting news to report for Membership and Swim Team Registrations this year. **We have partnered up with Active Network to customize an on-line ABRC Registration.** Now you can sign up your families for the best Swim Club in the state from the comfort of your own home! You will be able to sign up for both Membership and Swim Team at the same time! You will also have the option to use a credit card for your convenience. This information will be available on our website www.abrcpool.com on March 7th. Annual membership applications and dues are due by April 1st.

Annual pool cleanup is scheduled for the weekend of April 19th. Come help us with minor repairs and landscaping to prepare the pool for the new season. New neighbors and members are welcome to come tour our facility at that time. Pool photos are also available on our website.

We are all very fortunate to have such a great facility in our own neighborhood! ABRC would not be the establishment it is today if it were not for all of the unbelievable volunteers that help run it every year. Volunteers are the key to ABRC's long term success. Whether serving on the board, on a working committee or hosting a social event, we encourage each of you to get involved.

Please look for opportunities to get involved and give back to ABRC and the neighborhood! It is also a great way to have some fun while getting to know your neighbors better! We look forward to seeing everyone soon!

Thomas W. Dye
President, ABRC Board of Directors

BAYCLIFF EGG HUNT

SATURDAY, MARCH 15th

4:00 PM at BAYCLIFF ENTRY

Raindate: Sunday, March 16th



**ALL BAYCLIFF KIDS & GRANDKIDS
TODDLERS THROUGH 5TH GRADE ARE INVITED.**

ALL CHILDREN MUST REGISTER AHEAD...

**NO WALK-INS! You register your child by donating
24 CANDY FILLED PLASTIC EGGS per youngster.**

EGGS MUST BE TAPED SHUT so candy will not spill out!

Please attach completed registration form below to your bag.

**Drop your bagged eggs off Saturday, March 1st through
Wednesday, March 12th at Jill Frazier's home, 1500 Baycliff Lane.**

Use DROP BOX on her front porch... please don't ring her bell.

**Questions? Call Melissa Hickey at 496-0429,
Meredith Hills at 228-5887 or Jill Frazier at 481-0088.**

2008 BAYCLIFF SPRING EGG HUNT REGISTRATION

Please fill out a form for EACH CHILD and attach it to the bag of 24 EGGS.

Make extra copies of this form, if needed. Please drop off your eggs NO
LATER THAN WEDNESDAY, MARCH 12th at 1500 Baycliff Lane.

Child's Name _____ Age: _____

Address: _____ Phone: _____

Parents/Grandparents Names: _____

VOLUNTEERS NEEDED! Can you help set up, hide eggs, sign in kids
as they arrive, apply tattoos or face paints, or assist with clean up?

DONATIONS OF CANDY AND PRIZES ARE ALSO WELCOMED!

PLEASE CIRCLE: YES / NO

If you circle YES, please indicate how you want to help.

Alanton-Baycliff Garden Club Programs 2008



- **March 13, Thursday, 9:30 AM**
Susie Donaldson's home, 1620 Bay Breeze Drive
Program: Aromatherapy in the Garden by
Guest Speaker Anya Wolfenden
- **April 10, Thursday, 9:30 AM**
Deni Brown's home, 1604 Bluecher Court
Program: Potpourri of Herbal Alchemy - From Faeries to Magical Fauna
with Guest Speaker Samantha Weaver
- **May 8, Thursday, 11:30 AM**
Missy Friske's home, 1411 Cherry Court
Program: Flower Show, Luncheon and Installation of New Club Officers

Guests are always welcome. Please call **President Barbara Hancock** at 481-2817 to learn more about garden club activities and specific meeting details.



Please don't forget to order your spring and summer bedding flowers from the garden club! The order form is on page 5. All orders must be submitted by April 1st and will be ready for pick up at the Baycliff Entry on April 26th.

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BAYCLIFF RESIDENTS' NEW BUSINESS BRINGS FAMILIES BACK TO THE TABLE...

ENJOY SUPPER THYME!

A reprinted article by Allison Joyce

Tracy and Chris Busching are our Baycliff neighbors at 1364 Stephens Road. When Tracy was 16, her friends all called her "Betty Crocker" because she loved to cook and knew even then she had a knack for culinary creativity. Tracy's husband and business partner, Chris, was raised in a household where family dinners at the table were standard procedure. In an era where family meals often mean parking in front of the big screen television with microwave pizza or eating fatty fast food on the run, Tracy and Chris have fiercely held on to the traditions they value raising their own three kids, Jaden, Delaney and Phillip, when it comes to meal times. With their new business, Supper Thyme, they hope to help others bring



dinner back to the table and put the fun back into entertaining and parties, where their scrumptious meals-to-go are getting rave reviews. "I've always been really creative with feeding my own family, especially when it came to trying out new recipes," Tracy says with enthusiasm. "And I've always been the willing guinea pig," Chris deadpans as he smiles warmly. "This is a dream come true for me to run a business where I get to help others prepare marvelous meals in a fun, family-friendly setting," Tracy counters cheerfully.

The couple did their homework before choosing the Supper Thyme franchise they opened last February at 2728 North Mall Drive, Suite 117. A busy mom herself, Tracy identified with the company's founders, Keri and Brett Willenborg and Cher and Jim Stenger, who between them were raising nine children when they cooked up the Supper Thyme concept. "Chris and I liked the company's non-corporate attitude and feel. It was very comfortable and even familiar because we knew that they shared our own commitment to quality and providing the means for families to have nutritious meals minus all the messy, time-consuming prep work." Tracy explains, "There's just so little time to prepare healthy meals your family will actually eat." Chris and the kids really were Tracy's guinea pigs when it came to taste. "If they won't eat it, there's no point in serving it, and our palette is definitely not "frou frou," Chris quips. "Plus I'm really a choosy mom when it comes to ingredients and what I feed my family," Tracy adds. "That's the truth!" Chris chimes in playfully. Whether your taste is for the simple or sophisticated, Supper Thyme steps up to the plate, which is something else Tracy and Chris liked. They recall that in August, the menu included everything from zesty Chili Cheese Burgers and hearty Grilled Buffalo Chicken Sandwiches to Mustard Glazed Beef Brisket and Spice Rubbed Grilled Tilapia. "The kids love the sandwiches and basic fare, but what I think is really neat is that they are trying out other, more non-traditional dishes, like Pepperoni-Stuffed Chicken." "That's my favorite," nine-year-old Delaney says with a smile.

Delaney and her brother Jaden, who's seven, also both love the fabulous Chocolate Goopy Crock Pot Cake. "I didn't know you could prepare a cake in a crockpot," customer Tom Costigan admits. A Navy Chief Petty Officer and father of four, Tom is a regular at Supper Thyme. There's no age or gender barrier when it comes to engaging Supper Thyme customers. "Even guys who might feel a little macho about fetching meals for themselves and their families really lose that attitude once they try us out and realize the time and money they're saving," Supper Thyme owner Chris says.

Customer Tom reports, "When I'm not out to sea, I share meal duties with my wife, Virginia, who works fulltime. Supper Thyme has cut our labor time incredibly and our commissary bill in half. And it's really simple once you learn the process." "Educating people so they won't be intimidated by us is very important. We might have sort of a sleek look from the outside, but we're all about families and good old-fashioned home cooked meals you can easily assemble yourself right here at our store and then pull out of your freezer when you're ready to heat them," Tracy explains. Tom orders and assembles meals for his family for an entire month at a time. Most customers use the handy online service to place their orders. Learn more about this @ www.supperthymeusa.com Twelve meals, a typical order for one month, usually take about two hours to assemble at Supper Thyme. "It would take me two hours at the commissary just doing the shopping!" Tom exclaims. "This is just so easy. You put your apron on when you arrive, check in at the front desk to get a printout of your entrées, and proceed to meal stations where all of your ingredients are organized and right there, ready to go into freezer-friendly baking pans. Tom uses our large pans designed for four to six

portions, but we also provide half size pans," Tracy offers. Tom says with a laugh, "The portions are very generous. We almost always have leftovers I can take to work, except when we have the Sausage Lasagna Spinners, which my kids love."

The menu changes every month. What never changes is the kid-friendly atmosphere that welcomes everyone. Supper Thyme also hosts birthday parties and other special events such as bridal and baby showers. "New wives want to make wonderful meals for their husbands," Tracy says, "but they don't always know how." "We don't want moms and dads to think they have to have a babysitter when they come to visit us to collect their meals. We provide stools, children's aprons and chefs' hats so kids can help mom and dad prepare the meals, making it a family affair. "Assembling meals doesn't have to be a chore; it really can be fun. Some of our customers even tell me they feel like they're on a cooking show when they're here!" Tracy exclaims. Some are also using and recommending Supper Thyme for more mature themes like business team building and other office functions. "We're getting ideas from our customers that we hadn't even thought of ourselves because they love our entrees, and we offer the convenience of meals and side dishes to go," Tracy says. Something else new is Supper Thyme's fitness friendly meals called the "Extreme Fitness 3 a-Day Fast Track Plan," which includes breakfast, lunch and dinner based on a 1200 to 1800 calorie per day regimens. They're low in calories, fat, carbohydrates and sodium. "Customers are able to pick these meals up. We put them all together for you," Tracy explains. In fact, this October, Supper Thyme welcomed Marty Wolff and Amy Hildeth, contestants of NBC's "The Biggest Loser" contest as celebrity spokespeople for Supper Thyme's new fitness line of food.

Tracy and Chris are always available for tours, and "For first-time customers, we offer a family-sized entree that will serve six people for just \$15," Tracy says. "You'll need to call us directly at **431-1501** because you can't sign up for this on line. We really want to show families how they can save time and money and still have a wonderful meal at the dinner table together." "It's not just about making meals easy," Chris says succinctly. "It's making meals all about family."



First Colonial High School's Patriot Playhouse Presents the musical Wizard of Oz



March 13th - 16th

First Colonial High School Auditorium

7 pm on March 13th-15th; 2 pm Sunday Matinee on March 16th

Tickets: \$5 CASH at door - save \$ with a family ticket pack!

A treat for the entire family.....

Your children will love this classic favorite!!



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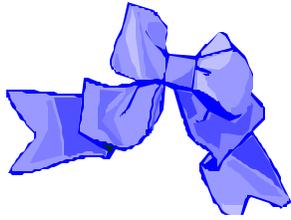
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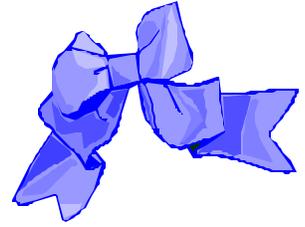
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announcements, party invitations, and gifts.**

IDENTITY THEFT PROGRAM RECOMMENDATIONS

Residents received many important tips about avoiding ID theft at our January 22nd civic league meeting. It was advised to enroll in Opt Out programs to protect one's privacy. Here is this information for Baycliff neighbors who did not attend this meeting.

National DO NOT CALL REGISTRY Learn more @ <http://www.ftc.gov/donotcall>

If you put your home phone number on the national **Do Not Call Registry**, telemarketers are not supposed to call you. The Federal Trade Commission (FTC) manages the Do Not Call Registry. Home and mobile numbers can be included, but you can't opt out a phone at your place of business (unless you work from home using your home phone number.) Also, the Do Not Call opt out does not stop you from being called by anyone you have done business with in the last 18 months. If you make an inquiry of a merchant, the merchant can call you for six months. Charities and politicians are not covered by the Do Not Call list rules.

To opt out online you must provide an email address for verification. **To opt out by phone, call 1-888-382-1222** and to **opt out online:** <https://www.donotcall.gov/default.aspx>

OPT OUT OF PRESCREENED OFFERS OF CREDIT AND INSURANCE (five years or permanently, at your choice) Learn more @ <http://www.ftc.gov/bcp/online/pubs/credit/prescreen.shtm>

Opting out of prescreened offers will stop you from receiving "preapproved" or "prequalified" offers for credit and insurance. Such offers are generated from credit reporting files maintained by credit bureaus when a creditor or insurer asks a credit bureau for a list of consumers who meet certain criteria, such as a minimum credit score, or submits a list of names to screen for consumers who meet certain criteria. Once enrolled, you will not receive prescreened credit card or insurance offers, most of which come in the mail.

To opt out by phone, call 1-888-5OptOut (1-888-567- 8688). On this automated phone system, you will have three choices: remove your name for 5 years, add your name back in, or permanently remove your name. You provide your name, home phone number, and Social Security Number. **To opt out online, go to:** <https://www.optoutprescreen.com/?rf=t>





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**24-HOUR EMERGENCY
WATER REMOVAL SERVICE**

Baycliff resident Christine Westendorf says, "I've been using Pro-Clean for over a decade and I highly recommend their services!"

PLEASE WORK WITH ME TO IMPROVE COMMUNITY AUTISM SERVICES Help Us Build the World's Largest Jigsaw Puzzle!

My name is **Pat Alspaugh**, and I am your neighbor at 1661 Bay Point Drive. I am co-founder of **FACT, Families of Autistic Children in Tidewater**, a 501c3 organization that promotes social, recreational and vocational programs for children and teens with autism. We are working toward the integration of these individuals into the community by providing social models, communication augmentation and emotional and behavioral supports.

As many of you know, the incidence of autism has risen dramatically over the last decade. When my son Matt was first diagnosed, the incidence was reported as 1 in 10,000. **The CDC now reports that 1 in 150 individuals is affected by autism.** With this growing population, there is a tremendous need for services to assist the individuals and families of those affected in our community.



Alex Slipow, Logan Slipow, Matt Alspaugh and Millie Alspaugh (left to right)

FACT provides many services throughout the year. Many of you are familiar with our summer camp, **Camp Gonnawannagoagin**, which is now in its 10th year of providing a fun summer experience to children ages 4 to 18 years with a primary diagnosis of autism. My daughter Millie, age 19 and a sophomore at Virginia Tech, originally named our camp and has volunteered at it for a decade. Please visit our website at www.camp4autism.org for more in depth information.

FACT is kicking off its capital campaign to build a regional Autism Resource Center with a unique fundraiser. The jigsaw puzzle piece is the international symbol for autism awareness, and April is Autism Awareness month. **FACT** is striving to break the World's Record for the Largest Jigsaw Puzzle (60,000 square feet). We are selling puzzle pieces for \$5 a piece, and each piece will be personalized. You can also purchase these online by visiting www.firstgiving.com/FACTpuzzle. The assembly will take place at the Virginia Beach Convention Center on Sunday, April 27th. The event is free and open to the public, and we hope to have local and national media coverage. **PLEASE COME JOIN US!**

Please work with me to make this event a success. There is a link to our recent **YouTube** video at our **FACT** website, which is a great visual representation of our group. There are also sponsorships available and opportunities to volunteer. This would make a great project for Girl or Boy Scout troops or school service projects, and honorariums and memorial donations are available as well. You can call me at home at **481-0970** or make contact through the website. I appreciate any and all support.



It's easy to receive Virginia Beach public school news automatically by e-mail from your child's or grandchild's elementary, middle school or high school. You can easily sign up at <http://www.vbschools.com/xtra/myschoolmail.asp>



PLEASE NOTE: The Boat Ramp lock has been rekeyed for 2008. New boat ramp keys are available for \$35.00 after you pay your annual 2008 Baycliff Civic League dues. Once Treasurer Bob Swink receives your payments, he will promptly mail you your key!



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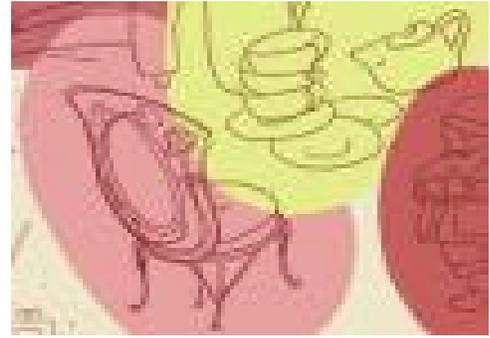
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BAYCLIFF COMMUNITY YARD SALE

**Saturday, April 26, 2008
8:00 AM to 2:00 PM
RAIN OR SHINE!**



Our NEIGHBORHOOD SPRING YARD SALE is here! Clean out your attics, closets, and garages. Have some FUN and turn those unwanted treasures into cash. Our Community Yard Sale attracts many buyers, and the more homes that participate, the bigger the draw! So get your stuff ready to sell, and your Civic League will advertise and bring in the customers.

- The fee to participate is \$8.00. We'll use these funds for advertising expenses, and the money left over to purchase bedding flowers for the Baycliff front entry, benefiting us all.
- The week prior to the sale, the Civic League will run a BIG AD in The Virginian-Pilot advertising our COMMUNITY YARD SALE. We'll also distribute fliers and post large signs. Maps identifying the location of all YARD SALE HOMES will be handed out to shoppers as they enter Baycliff on the morning of April 26th. We will also provide you with colorful balloons to tie to your mailbox and help shoppers easily locate your home.
- DON'T DELAY! Please make checks payable to the BAYCLIFF CIVIC LEAGUE, attach it to the completed form below, and mail it to: Anna Koufos-Slade, 1536 Bay Point Drive.
- A charity truck will be scheduled to pick up yard-sale leftovers that Saturday afternoon. PLEASE LEAVE YOUR YARD SALE BALLOONS TIED ON YOUR MAILBOX to assist the driver in locating houses interested in having items picked up. Donations must be clearly visible and marked with a DONATION sign. *(Please keep in mind that some homes may be missed by the driver of the charity truck. We cannot control this, and you can always call the charity of your choice and arrange for your leftovers to be picked up.)*

**Shoppers, mark your calendar for April 26th and invite all your friends.
EVERYONE IS GOING TO FIND SOME GREAT BUYS!**

BAYCLIFF COMMUNITY YARD SALE, APRIL 26, 2008

Please attach a check for \$8.00 (payable to Baycliff Civic League)

and return form to: Anna Koufos-Slade,

1536 Bay Point Drive. DEADLINE IS APRIL 19th.

Don't forget to list any special items that may attract shoppers to your sale!

We will include these in the Shoppers Map.

Name: _____ Telephone: _____

Address: _____ E-Mail: _____

Special Items for Sale: _____

PLEASE HELP US PLAN AHEAD....

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496-9045



R. Craig Gallaher, Baycliff VBCCO Representative

At the February 2008 meeting of the Virginia Beach Council of Civic Organizations (VBCCO), there was a discussion of legislation presently pending in the Virginia General Assembly. Persons interested in tracking the status of legislation can go to two different websites which provide extensive information about the matters under consideration by our lawmakers in Richmond and also provide a way to contact your Legislator, to let your thoughts be known. The Virginia General Assembly website is located at <http://legis.state.va.us/> and this website provides links to members of the General Assembly, meeting schedules, the state budget, and more. The Legislative Information website is located at <http://leg1.state.va.us/> and allows one to track the status of individual bills, search pending legislation and search the Code of Virginia for all current laws.

Also at the February meeting of the VBCCO, a Resolution was passed whereby the VBCCO shall oppose the recommendation of the City Staff to cut the current services of Hampton Roads Transit (HRT) by \$1.2 million in the next fiscal year. It is felt that such a large budget cut would harm the already inadequate mass transit service in Virginia Beach and cause the elimination of routes and/or weekend service.

Mark your calendar for upcoming meetings of the VBCCO. The next general meeting takes place on March 12th at 7p.m. with the topic "Aging Neighborhoods: Revitalize or Redevelop?" At the April 9th meeting, members of City Council and local Legislators from the House of Delegates will be present to discuss the effect of new laws on our area.

Founded in 1959, the VBCCO represents 116 member civic associations, including Baycliff, and its mission is to inform, educate, and empower citizens of Va. Beach, to advocate for, and unite, the community. Monthly meetings are held on the second Wednesday of each month at 7 p.m. at the Virginia Beach Central Library auditorium, where speakers discuss the issues affecting our neighborhoods. The VBCCO website can be found at www.vbcco.org



BAYCLIFF READING CLUB UPDATE

Mary Daddio, Leader

Our group continues to take on a wide array of reading material, ranging from fiction to biography to non-fiction. In February, we had a lively discussion based on the book **Blood of the Earth** by Dilip Hiro, which details the geopolitics surrounding oil, specifically the Earth's increasing oil demands and eventually decreasing supplies. Our regular meeting time has returned to the second Tuesday night of each month at 7:00 p.m. We have most meetings at the Westendorf home, 2028 Sunset Point. Please call **Mary Daddio** at **228-1175** if you are interested in joining our group, would like to visit, or if you have any questions.

Our upcoming book choices are:

Tuesday, March 11: Map of Love by Ahdaf Soueif

Beach Retreat April 11-13: A Thousand Splendid Suns by Khaled Hosseini

May (date to be announced): Tender at the Bone by Ruth Reichl

Turning Pages Book Club News

Sharon Smith, Leader

Baycliff's second book club meets the third Thursday evening of the month in members' homes. Please contact **Sharon Smith** at **961-3579** for more information. New members are encouraged and always welcome!

Our upcoming book selections are:

Thursday, March 20: Water for Elephants by Sara Gruen

Thursday, April 17: Love in the Time of Cholera by [Gabriel Garcia Marquez](#)



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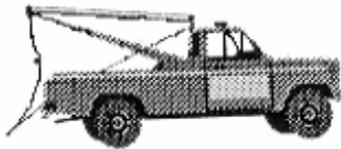
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 Monday - Friday
 8:30 am - 12:30 pm
 Saturday



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A WARM HELLO TO OUR NEW BAYCLIFF NEIGHBORS!



- ? Judy and Michael Brosee, 1908 Crestview Landing
- ? Steve and Eileen Faggert & their children Michelle (13), Braxton (10) and Cole (7), 1637 Bay Point Drive
- ? Mark and Michelle Harvey, 1528 Bay Point Drive
- ? Mark Kelley, 1901 Mariner Court
- ? Jennifer and Jeff Kosich, 1328 Baycliff Drive
- ? Liz, John & Jean-Marc Serre (10 months), 2004 Seafarer Cove

BAYCLIFF STUDENTS SHINE!

Sean Reilly, a freshman at First Colonial High School, has straight A's again this quarter!

Claire Ray was selected for the Alanton ALL STAR Citizenship Award in September, and her sister Anna Ray was a December ALL STAR!

WELCOME BABY!

Nina and Chuck Long, 1332 Baycliff Drive, joyfully announce the birth of their first child, Jake Charles Long, on January 26, 2008. Jake weighted seven pounds four ounces and was twenty two inches long!



CONGRATULATIONS
to Chuck and Nina Long on the
birth of your son!

TEEN BABYSITTERS AVAILABLE



Michelle Braxton - 13 years old, Lynnhaven Middle School student, 961- 3132

Alex Lally - 13 years old, 7th grader at Lynnhaven Middle School, 481- 0528

Madison Buis - 15 years old , First Colonial High School freshman, CHKD Certified Babysitter and great with small children! 962- 5632

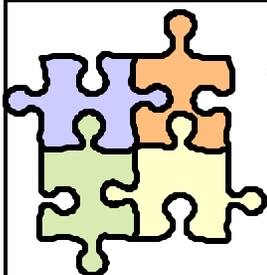
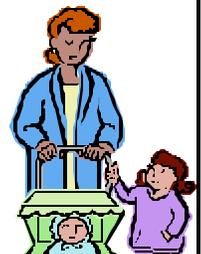
SMALL DRESSER

It has 2 large drawers and 2 small drawers, plus a mirror. The dresser is an antique, but needs a little TLC. We are willing to give it away. If anyone is interested, they may call **Kat and Mike Coughlin**, 1516 Bay Point Drive at 422- 4288.



FULL TIME CHILDCARE NEEDED STARTING AUGUST 2008

Eric and Alisa Frenck are seeking childcare for their children Ellie (almost 4) and Ian (almost 1). They are interested in either a nanny or home based childcare provider in the Little Neck or Great Neck area, who will be available full time, Monday - Friday, 7:30 a.m. until 3:30 p.m. This childcare provider must be a non-smoker, hold current current CPR / first aid certification, be experienced and have reliable transportation. A background check and references are required. If you work and use someone wonderful, Alisa would greatly appreciate your recommendation. Please email Alisa Frenck @ afrenck@yahoo.com or call 615-7604.



Please make a donation in memory of, or in honor of, someone you know who deals with the diagnosis of Autism @ www.Firstgiving.com/FACTpuzzle For \$5, you can help Camp Gonnawannagoagin, a summer camp that I co-founded for autistic children, such as my son Matthew, and also help us launch an Autism resource center in our area. PLEASE consider a contribution, no matter what the size! Thanks so much. Learn more about Camp Gonnawannagoagin at our website camp4autism.org
THANK YOU!

Pat Alspaugh, 1661 Bay Point Drive



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PLEASE BE A RESPONSIBLE PET OWNER!

A Refresher Course on City of Virginia Beach Pet Laws



WHEN DO ANIMALS NEED LICENSES, AND WHERE CAN I GET ONE?

City code 5-50. All dogs and cats over the age of four months need a rabies vaccination and a city pet license. The rabies vaccination is to be given by a veterinarian. An animal license may be purchased at any branch of the City Treasurer's Office (Haygood Shopping Center, 19th Street and Arctic Avenue, Courthouse and Kempsville), the Virginia Beach SPCA and the Bureau of Animal Control.

WHAT ARE THE RULES ON ANIMALS RUNNING LOOSE?

City code 5-67. No animal is permitted to run at large within the City. This includes dogs, cats and other animals. Obey leash laws. Never allow your pets to roam. Your pet may come in contact with wildlife and be exposed to rabies. Your pet may be struck by a vehicle, injured or killed. The "Animal at Large" ordinance states that if an animal leaves the owner or custodian's property, it must be under the control of a responsible person and wearing a city pet license. Cat owners are encouraged to keep their pets indoors.

The "Leash Law" covers dogs only. This ordinance states that when a dog is being walked on any city sidewalk, city street or public right-of-way, it has to be on a leash or lead at all times. Dogs being walked on a leash must also be wearing a city pet license. Always license your animals and place that license on the animal's collar. A license is your lost pet's ticket home!

WHAT CONSTITUTES A "NUISANCE ANIMAL"?

City code 5-9. The city code states, "No owner shall fail to exercise proper care and control of his animals to prevent them from becoming a public nuisance."

(a) Molesting passersby, biting or attacking any person without provocation on one or more occasions, chasing vehicles, habitually attacking but not seriously injuring other domestic animals, trespassing upon school grounds or trespassing upon private property in such manner as to damage property, and excessive, continuous or untimely barking, shall be deemed a nuisance. Repeated running at large after citation of an animal's owner or custodian by any animal control officer or police officer shall also be deemed a nuisance.

(b) Any person owning or having in his possession or under his control any animal constituting a nuisance shall be summoned before the General District Court of the City. Upon proof that the animal constitutes a public nuisance, the animal shall either be confined, removed from the City, or the nuisance activity otherwise abated. It shall constitute contempt of court to harbor or conceal any animal which has been ordered disposed of or to fail to confine or restrain an animal when such an order has been entered by the court.

DOES THE CITY HAVE A "POOPER-SCOOPER" ORDINANCE?

City code 5-16. Yes, an ordinance prohibits any owner or person in control of a dog to allow the dog to urinate or defecate on private or public property. Allowing your dog to urinate or poop on neighborhood yards damages lawns and shrubbery and is both unlawful and inconsiderate. However, on public property only, there is no violation if the owner or custodian immediately removes the material defecated and disposes of it in a safe and sanitary manner.

WHAT ARE THE LAWS REGARDING DOG NOISE?

City code 5-10. The "Barking Dog" ordinance states that it shall be unlawful for any person to keep a dog without exercising proper care and control of such dog to prevent it from disturbing the peace of others by barking in a loud, continuous or untimely manner. Dogs may bark excessively because of boredom or stress and should be adequately exercised daily through walks or play. For problem barkers, consider leaving your dogs inside your home when you are away. In addition, please be considerate and bring in your barking dogs at night so that they do not interrupt neighbors' ability to sleep.

HOW DO I FILE A COMPLAINT?

To have an Animal Control Officer respond to a call for service, call Communications at 385-4444.



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Neighborhood Watch Information

Kim Cox and Paula McGowan, Neighborhood Watch Coordinators

Victims of crimes must make their own crime reports. For a crime in progress or any suspicious activity, please promptly call **911**. To document a crime afterwards, **please call 385-5000, Option #1** as soon after the incident as possible. This is the Virginia Beach Emergency Communication Center, and you will speak to a dispatcher. If you have any questions or concerns about neighborhood security, please call Kim Cox at **412-0665** or **757- 407-6214 (cell)** or **Paula McGowan** at **496-9977** before 8 p.m.



All Neighborhood Watch Block Captains recently received orientation materials. Thank you to **Mike Reda and his business Signature Printing** for generously printing these booklets for us!

ENJOY OUR BAYCLIFF WATERFRONT WILDLIFE

Susan Moritz



This is the time of year, on warm days between now and early May, when canoeing or kayaking in the creek is at its best. Recently, we have had Buffleheads (small diving ducks), Hooded Mergansers, a Pelican and two river otters cavorting and feeding in the creek behind our house on Hidden Cove. You need only keep a watchful eye to enjoy the wildlife around you.



This year, the Kingfishers didn't leave. The Blue Herons and Egrets are usually year-round residents, with the Mallards and local extended family of Canada Geese. What we call "goose wars," where the local pairs fight with each other for nesting territory, has already begun. However, over the last two years, early nesting and bad locations have resulted in very few offspring. The Ospreys tend to return in late February or early March and leave in November. The Green-backed Herons usually return in late April or early May and leave in late October.



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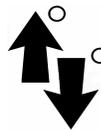
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We're having a **SPECIAL DRAWING** to reward **YOU** for paying your **Baycliff Civic League dues promptly.** **Every family that has paid their dues by March 14th will be automatically entered to win a \$25.00 Barnes & Noble gift card.**

We will draw the name of the lucky winner of at our Baycliff Egg Hunt on Saturday, March 15th.

You do not have to be present at the egg hunt to win.

SEND IN YOUR \$50.00 DUES TODAY AND YOU MAY BE THE LUCKY WINNER! Please send your check (payable to **Baycliff Civic League**) to **Treasurer Bob Swink, 2004 Echo Cove today. Thanks!**



2008 Baycliff Civic League Membership Dues

_____ Enclosed is \$50.00 for Civic League Membership

_____ Enclosed is \$35.00 for my Yacht Club Membership and Boat Ramp Key (for boat ramp keys, please pay \$50.00 dues, plus \$35.00 boat ramp key fee)

_____ Enclosed is my DONATION toward: Landscaping, Egg Hunt or General Community Improvements Fund

MEMBERSHIP INFORMATION: The Civic League Membership Year is January 1, 2008 through December 31, 2008. Please make check payable to Baycliff Civic League.

Mail to Bob Swink, Treasurer, 2004 Echo Cove.

THANK YOU FOR DOING YOUR PART TO KEEP BAYCLIFF SUCH AN OUTSTANDING NEIGHBORHOOD!!

Bugle Briefs - Upcoming Meetings and Events

Participate, build friendships and work with us to make your community the best it can be!



2008 CIVIC LEAGUE GENERAL MEMBERSHIP MEETING DATES

Tuesday, March 18, 2008

Tuesday, May 13, 2008

MARCH

- 11 Baycliff Book Club, Tuesday, 7 PM
- 13 Alanton-Baycliff Garden Club, Thursday, 9:30 AM
- 15 BAYCLIFF SPRING EGG HUNT, 4 PM
- 17 Happy St. Patrick's Day!
- 18 CIVIC LEAGUE MEETING, Tuesday, 7 PM
- 20 Turning Pages Book Club, Thursday, 7 PM
- 23 Happy Easter!
- 24-28 SPRING SCHOOL HOLIDAY – Public Schools Closed



APRIL

- 1 Order Deadline—Garden Club Bedding Flowers
- 10 Alanton-Baycliff Garden Club, Thursday, 9:30 AM
- 11-13 Baycliff Book Club Beach Retreat
- 17 Turning Pages Book Club, Thursday, 7 PM
- 18 Public School Staff Day—Student Holiday
- 26 BAYCLIFF COMMUNITY YARD SALE, 8 –2



MAY

- 8 Alanton-Baycliff Garden Club, Thursday, 11:30 AM
- 18 CIVIC LEAGUE MEETING, Tuesday, 7 PM
- 26 Memorial Day– Public Schools Closed



WE NEED YOU!

Are you interested in serving as a Baycliff Civic League officer or chairman of a committee? Do you have new ideas or suggestions for our neighborhood? WE NEED YOU! Please e-mail Bill Westendorf at billwest6@cox.net or call 481-5589. Strong and dedicated community leadership is the key to keeping Baycliff a great place to live!

